

Glengarry Nurse Practitioner-Led Clinic

Cliniques dirigées par du personnel infirmier praticien de Glengarry

The Glengarry Nurse Practitioner-Led Clinic (GNPLC) is one of 25 progressive primary care medical clinics in Ontario delivering team-based health care services that are both client centered and outcome oriented. Our innovative model of care enables Nurse Practitioners to lead clinical care in collaboration with a vibrant team of dedicated health professionals.

The GNPLC is located in Lancaster, Ontario in the scenic region of Eastern Ontario along the seaway, conveniently situated between both Montreal and Ottawa.

We are recruiting an **Kinesiologist and/or Activity and Exercise Therapist.**

- Part time (17.5 hours/week),
- Salary range (\$39.76- \$44.05/ hour), HOOPP Pension and Wellness Spending Account.

The ideal candidate supports our clients to incorporate safe exercise therapy and injury prevention activities into their daily lives. As part of our interdisciplinary team, this role entails working with our clients to reduce the impact of their chronic disease in their day to day life by way of exercise and activity planning, mobility and flexibility training and healthy lifestyle coaching.

Key areas of responsibility include:

- Conducting client assessments including determining their health status, risk factor profile, functional assessment, personal goals and exercise preferences.
- Co-designing and supervising a exercise/ activity prescription based on assessment findings, client's goals and care plan.
- Supporting and coaching GNPLC clients to ensure they are on track towards their goals and to help them problem solve any barriers they may have come across.
- Collaborating with interdisciplinary health care professionals in ways that foster positive client health outcomes.

Qualifications:

- A minimum of a 3-year Diploma/Degree in Kinesiology, Physical Education, Fitness instruction or related Degree.
- At least one year experience in a clinical setting.
- Experience completing pre-exercise screening for cardiovascular disease and injury risk.
- Experience developing and implementing exercise/ activity programs with those having a chronic disease and/ or injury.
- Proficient in Behavioral counselling using Motivational Interviewing and Stages of Change Theories.
- Superior interpersonal and client-service skills.
- Valid CPR level C certificate
- English proficiency is required and a proficiency in French is an asset.

Submit resume via e-mail to Penelope Smith, Executive Director at psmith@glengarryclinic.ca

Posted until filled

The GNPLC is an equal opportunity employer and operates in compliance with the Accessibility for Ontarians with Disabilities Act (AODA). Applicants must make their needs known in advance.

We thank all applicants, however, only those selected for an interview will be contacted.